



6th Annual 5K Run/Walk for Recovery

Saturday, September 17th, 2016

9:00am Gun start, Registration 7:30am-8:45 am

RC Ward ATC, Middletown Community Campus

117 Seward Ave. Middletown, NY

For details and online registration [visit adacinfo.com](http://adacinfo.com)

**Breakfast for
Participants!**

**Early Bird and
student rates!**



Recovery Grows...

**T-Shirts to first
200 Participants!**

**Race Day Raffle
Prizes!**

Vendor tables!

Questions? Call 294-9000 x 258 or

e-mail alerman@adacinfo.com



**Bon Secours
Community Hospital**
Westchester Medical Center Health Network

